

In the Tradition of Honolulu, Hawaii
as a Gathering Place...

Na Kamole Eskrima

Filipino Martial Arts
Training Camp

October 7 & 8

9am-4pm • Pagoda Hotel
Intl. East Ballroom

Na Kamole Eskrima, "Roots of Eskrima" recognizes Hawaii as the birthplace and crossroad of Filipino Martial Arts in America over the past 40 years. Coinciding with the year-long 100th Anniversary Celebration of Filipinos in Hawaii, join us for 2 intensive days of seminars with world-renown Filipino Martial Arts Grandmasters, Dr. Remy Presas Jr. and Grandmaster Fred Bandalan.

PAGODA HOTEL

1525 Rycroft St. • Honolulu, HI
For Reservations Call Toll Free
at 800-367-6060 or
Oahu: 808-941-6611.

Mention MARTIALARTS group
to get special event room rate:
\$89 Hawaii Resident/\$99 Non Res.
OR Fax 808-955-5067 or
Email: reservation@hthcorp.com
to request reservations

PICNIC

for all seminar entrants!
Monday, Oct. 9th
(federal holiday)

Location to be announced

HOSTED BY

Ola'a-Nalo Eskrima and
Bandalan Doce Pares



DAY 1 • Saturday, October 7
DR. REMY PRESAS JR.
Modern Arnis

Basic Strikes & Blocks of Modern Arnis
Advanced Visadario, Advanced Dulo sa Dulo



DAY 2 • Sunday, October 8
GRANDMASTER FRED BANDALAN
Bandalan Doce Pares

Single Stick Modified Corto
Single Stick Abesedario, Dagger Defense
Escrido Modified System

All Ranks, Systems and Styles Welcome.

WHAT TO BRING: Workout uniforms and comfortable shoes.
Eye protection is recommended. Training weapons should include:
2 rattan sticks and a wood training dagger.

Videotaping not permitted without prior permission.
DVD covering seminar will be available 90 days after event.

SEMINAR COST

1 Day \$70 or 2 Days \$130 (Airfare & Hotel separate)

Register and pay online up to 24 hours in advance at

www.olaa-naloeskrima.com

U.S. Mail - 14 days in advance or at the door (cash only)

For information call: (808) 259-6564.